



Wellbeing Champions Meeting Minutes

Date: 09/10/2023

Agenda	Outcome
<ul style="list-style-type: none"> • Emotionally Friendly Schools progress update. • Discussed the New Wellbeing Champions recent training with Ruth Melling. • Planned activities for World Mental Health Day 	<ul style="list-style-type: none"> • Shared new actions with the Wellbeing Champions. Shred some ideas for updating the school mental health board. • Training went well, they have lots of ideas to share on how to improve wellbeing in school and ensure that it is a focus. We have agreed that they need to write the ideas down and then I can share with SLT. Champions to do this ready for next meeting. • Discussed the activites – “Funny Fotobooth”, “Calm Colouring” and “positive Affirmation Station”. All Wellbeing Champions felt that they were the right activities and they planned who would run which activity.
Date of next meeting – November 2023	

