



Wellbeing Champions Meeting Minutes

Date: 06/09/2023

Agenda	Outcome
<ul style="list-style-type: none"> • Emotionally Friendly Schools progress • Discussed the New Wellbeing Champions roles and responsibilities for 2023/2024. • Discussed new Wellbeing Wednesday's activities. • Wellbeing Champions to come and support the upcoming Macmillan coffee morning . 	<ul style="list-style-type: none"> • Shared new actions with the Wellbeing Champions. They suggested having a wellbeing lunch club every day. • Shared timetable for activities and dates for schedules training. All felt confident with new role. • Wellbeing Wednesdays will now extend throughout the week and include the new activities new activities rubix cubes, fidgets and snap. • The champions are thinking of cakes and fundraising ideas to have alongside the coffee morning.
Date of next meeting – October 2023	